

IT IS HAPPENING

# THE GROWTH MINDSET GROUP

*Get a better grasp of the lifeskills  
lessons while having fun*

**OCTOBER 4TH, 2020  
EVERY SUNDAY 5 - 6PM  
VIRTUAL ZOOM MEETUP**

Our lessons are tailor-made for fun learning. We cater to every grade level and have programs for middle and high school students too.

# EMPOWER YOUR BRAIN & MIND

*Learn through interactive  
discussion with peers*

---

Come build your self-confidence, communication skills, connect with other kids, gain self-awareness, and support each other. Group will discuss challenges of the pandemic, home schooling, friendships, relationships with family, and learn new coping skills.

---

**The group will run virtually for 6 weeks**

**No refund for missing sessions**

**Full fee of \$240 is due upon registration**

**Please contact your therapist at  
(888)348-6988 or email them to register**

**The group will be facilitated by**

**Orly Shabboui, LMFT**

**Wendy Lang, LMFT**

**Beverly Hills Child and Family Counseling**