

SENG Model Parent Group

A facilitated discussion group for parents of Gifted/2e Children

Are you challenged by your intense, gifted or twice-exceptional (2e) child? Have you read most parenting books but still felt lost because it did not fully address the needs of your special child?

Join the **SENG (Supporting Emotional Needs of Gifted) Model Parent Group** where parents of gifted/2e children can speak freely about their concerns and seek support from others who have similar experiences. You will also learn to meet your child's unique social-emotional needs through our weekly topics.

Session Topics:

1. Characteristics of Gifted children
2. Misdiagnosis, LD and ADHD in Gifted
3. Communication and Relationships
4. Motivation and Underachievement
5. Discipline, Self-Management, Intensity, Perfectionism, and Stress
6. Idealism, Unhappiness, and Depression
7. Acquaintances, Friends, Peers, Siblings, and Only Children
8. Values, Traditions, and Uniqueness

About Us:

Caroline Lubbe paused her legal career to assist her son in his educational experience as a 2e learner who now thrives at Bridges Academy. SENNG was pivotal in providing resources for her to best support her two gifted children. Caroline has been active in a number of SENNG Model Parent Groups and is strong advocate for SENNG's annual conferences, mini-conferences, and SENNGinars. She is a certified SENNG group facilitator and currently serves on the National Board of Directors for SENNG.

Wendy Lang is a licensed marriage and family therapist who has been in private practice for 15 years working with children and families. She is the founder and director of Beverly Hills Child and Family Counseling. She was first introduced to SENG due to the overwhelming numbers of gifted children in her practice and her son was also identified as a 2e learner at the same time. It motivated her to study and obtain more knowledge in the gifted field and become a certified SENG Model Parent Group facilitator.

What: 8-weeks Guided Discussion Group for Parents of Gifted/2e children

When: February 27, 2020 - May 7, 2020

2/27, 3/5, 3/12, 3/26, 4/16, 4/23, 4/30, and 5/7

Thursday morning 8:45am-10:15am

Where: a meeting room at Bridges Academy

Co-Facilitators: Caroline Lubbe, J.D.

Wendy Lang, LMFT

Cost: \$320 per person (\$480 per couple)

All participants need to purchase and bring the book, *A Parent's Guide to Gifted Children*, by James Webb, et al.

What is SENG(Supporting Emotional Needs of the Gifted)?

SENG is a nonprofit organization that empowers families and communities to guide gifted, talented, and twice-exceptional individuals to reach their goals intellectually, physically, emotionally, socially, and spiritually since 1981.

What is a SENG Model Parent Group (SMPG)?

SMPG workshops meet weekly for 8-10 weeks and are structured around *A Parent's Guide to Gifted Children*, by James T. Webb, Janet L. Gore, Edward Amend, and Arlene DeVries. SENG Model Parent Group bring together 10-20 parents of gifted and talented children to discuss such topics as motivation, discipline, stress management, and peer relationships. The co-facilitators of these groups are knowledgeable about parenting and education gifted children. However, they do not attempt to give expert advice. Instead, their facilitation provides a non-judgmental and nurturing atmosphere. Additionally, the other participating parents are themselves a rich resource of information.

The above information are retrieved from <http://www.sengifted.org>