

GIRL TALK

Join the transformation

Come build your self-confidence, communication skills, connect with other teens, gain self-awareness and supports from others. Group will discuss challenges due to the pandemic, home schooling, social media's influences, friendships, relationships with family, self-esteem, and teach new coping skills.

DATE: October 18, 2020 (Every Sunday for 6 evenings)

TIME: 6pm-7:15pm

PLACE: Virtual through Zoom

PRICE: \$40 per session

(Full payment \$240 upon registration)

FACILITATOR: Orly Shabboui, LMFT

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